

Water is served at every snack and lunch

Whole milk – 12 months -2 years  
1% Milk – 3 years - 5 years

### Child Development Center Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Yogurt Water	French Toast Sticks Milk	*Cheerios Milk	*Wheat Toast w/Jelly Milk	Animal Crackers Milk
Lunch	Fish Sticks Corn *Sliced Bread Milk	Chicken Alfredo Diced Carrots Salad w/Dressing Milk	*Turkey and Cheese Sandwich Tomato Soup Milk	Chicken Tenders Carrots Salad w/Dressing Milk	Taco Pinto Beans Milk
PM Snack	*Goldfish Milk	*Peaches Water	*Apple slices Water	*Orange Wedges Water	*Pears Water
AM Snack	*Cheerios Milk	*French Toast Milk	*Apple Slices Water	Waffles Milk	*Bananas Water
Lunch	Corn Dogs Pinto Beans Carrots Water	Cheeseburger Macaroni Broccoli *Bread Milk	*Turkey and Cheese Sandwich Vegetable Soup Milk	Sloppy Joes Fries Carrots Milk	Chicken Nuggets Mashed Potatoes Green Beans Milk
PM Snack	*Orange Wedges Milk	*Bananas Water	Graham Crackers Milk	*Peaches Water	Chocolate Chip Cookies Milk
AM Snack	*Graham Crackers Milk	*Cheese Toast Milk	Bananas Milk	*Cinnamon Toast Milk	*Cheerios Milk
Lunch	Chicken and Rice Mixed Vegetables Diced Peaches Milk	Hot Dogs Baked Beans Broccoli Milk	*Turkey and Cheese Sandwich Tomato Soup Water	Chicken Alfredo Green Beans *Bread Milk	Pizza Corn Salad w/Dressing Milk
PM Snack	Jello Water	*Pears Water	Vanilla Wafers Milk	Orange Wedges Water	Apple Slices Water
AM Snack	*Toast and Jelly Milk	*Orange Wedges Water	Waffle Milk	Apple Slices Water	*Peaches Water
Lunch	Ravioli Broccoli *Bread Milk	Chicken Nuggets Macaroni and Cheese Peas and Carrots Milk	*Turkey and Cheese Sandwich Vegetable Soup Milk	Corn Dogs Fries Diced Carrots Milk	Spaghetti and Meat Sauce Salad w/Dressing Mixed Vegetables Milk
PM Snack	Vanilla Pudding Water	*Goldfish Milk	Bananas Water	Animal Crackers Milk	Chocolate Chip Cookies Milk

Second servings may be served in vegetables, fruits, whole grains, and milk.